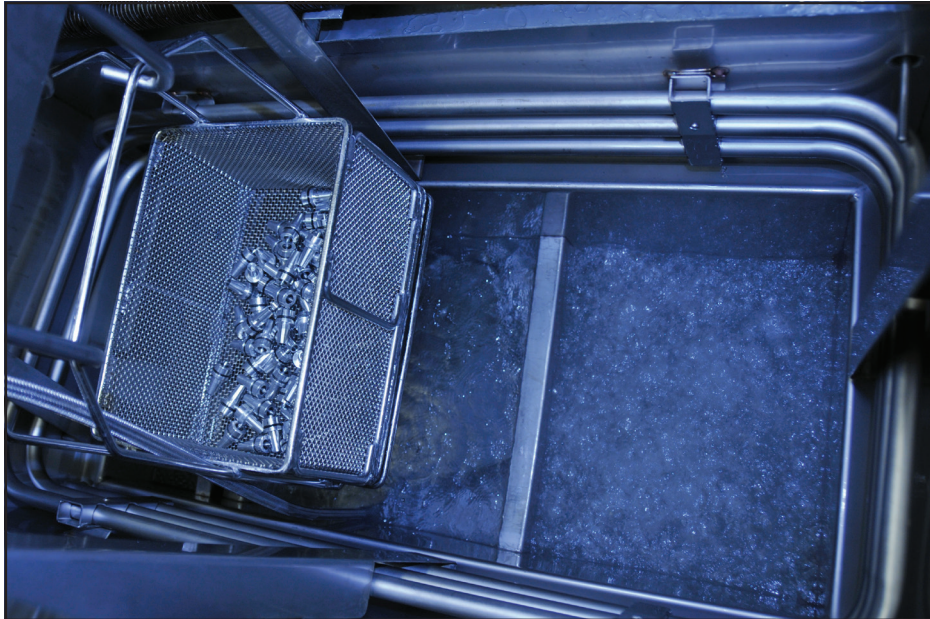




# Vapor Degreasers

## The Optimal Cleaning Process for Medical Devices



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Last Updated: April 2017

# Vapor degreasing is making a comeback as new planet-friendly solvents come to the market

Nearly all medical devices require cleaning during manufacturing to remove particulate, oils or inorganic contamination resulting from the manufacturing process. The challenge is to identify a process that is suitable for critical cleaning processes that include complex assemblies, intricate shapes and delicate parts.

In decades past, vapor degreasing always was the cleaning method of choice for medical device components because solvent-based cleaners were easy to use and very effective. They consistently were able to achieve the high levels of cleanliness required by medical devices to ensure patient safety and product performance. This changed about 20 years ago when environmental concerns of solvents were raised. Because there were few alternative solvents, device manufacturers were forced to switch to water-based cleaning systems. Many quality vapor degreasers were literally pushed into dumpsters simply from a lack of cleaning solvents.

Recently this has turned on its head. Today, there are many new solvent options available and they are highly effective, safe, environmentally friendly and affordable. In response, medical device manufacturers are realizing again that vapor degreasing is becoming the most effective method for critical cleaning.

Advances in solvent technology are leading to environmentally acceptable cleaning options that also greatly minimize bioburden issues. In fact, many manufacturers and engineers are discovering that a properly designed and maintained vapor degreaser can be more environmentally friendly than an aqueous-based cleaning system, as the most effective cleaning process and overall the lower-cost option.

## The Bioburden Risk

Medical device components are getting smaller, more capable, more complex and more precise. This complexity brings with it the problem of cleaning well enough to satisfy regulatory requirements needed in medical component manufacture. A well-engineered process is easy to validate and will reduce costs associated with device sterilization by removing sources of bioburden from the manufacturing process.

There are many factors that can cause bioburden in a manufacturing process but one of the biggest is cleaning with water. Water is the primary growth medium for bacteria; it is the pyrogenic environment. Therefore, removing water from the

manufacturing process removes a major source of bioburden. This is one of the main reasons solvent cleaning is becoming the preferred choice. Solvents are hostile to pyrogens, so vapor degreasing greatly simplifies process control requirements for eliminating bioburden. Since they are inherently hostile to the bacterial growth vapor degreasing offers an easy way to validate bioburden issues out of the manufacturing process.

If bioburden is not properly addressed it can result in increased difficulty in the validation of subsequent product sterilization processes. A solvent-based cleaning process with submicron filtration can run at very high production volumes while significantly reducing bioburden. Other benefits include substantially lower energy consumption, a smaller footprint on the clean-room floor, and minimal capital outlay when compared with a water system.

Vapor degreasing accomplishes this magic with unique “low boiling” synthetic chemistries usually in the halogen family on the periodic table of the elements (the fluorine found in toothpaste, the chlorine found in bleach and the iodine in your medicine cabinet are three common halogens). Typically these chemistries have very high densities, very low surface tension and very low viscosity in comparison to water. Together, these factors contribute to the excellent cleaning results achieved by vapor degreasing systems.

These solvents offer other benefits that mystify users of water-cleaning systems. First, the solvents dry extremely quickly. They are very, very pure: they leave no moisture or residues on parts after they exit the vapor degreaser. The solvents are immiscible with water — they simply won’t mix, and water literally floats off the surface of these solvents just as oil refuses to mix with water. Lastly, these cleaning fluids are constantly recycled through the vapor degreaser and can literally be used hundreds or thousands of times; the solvent never “wears out.” These are significant differences from water-based cleaning systems, especially when compared to expensive surfactants and saponifiers used in aqueous systems which are never recycled.

With aqueous systems, relatively complex processes must be established to ensure the cleaning water does not harbor bioburden. Water cleaning machines can be huge — sometimes 15 or 20 meters in length — because the machinery has to fight against the inherent chemical characteristics of water. The rinsing and drying processes also are more complex be-



cause it takes a great deal of energy to heat water and then evaporate water. Blowers or heated dryers are often used to reach all crevices, and even then, spotting or corrosion of parts can be a problem if any steps in that process are not properly engineered.

It is a general rule in cleaning that “you cannot clean if you cannot wet.” Better wetting means better cleaning. The relative ability of a fluid to wet a surface can be measured by a composite, scaleless value called “the wetting index.” The wetting index combines the relevant chemical characteristics to predict the quality of the cleaning. The wetting index of water is 14 while the wetting index of modern, non-flammable solvents is 100 or higher (see Figure 1). It should be no surprise that solvent cleaning will be faster, better, more consistent and easier to manage than aqueous cleaning results.

These molecular characteristics significantly increase the process validation and process control costs with aqueous

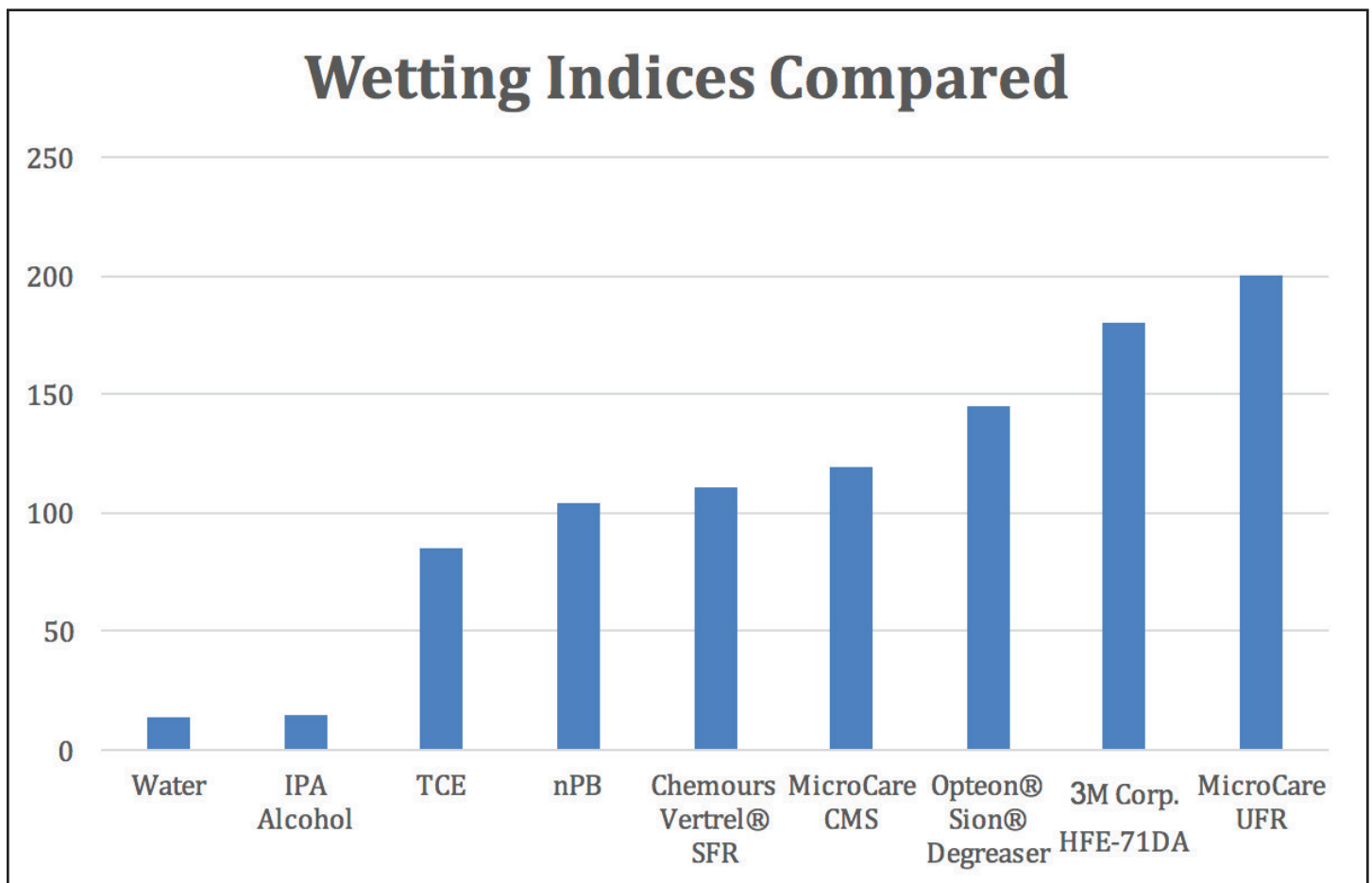
systems. Of course, air knives and heating systems are large characteristics are inherent in the nature of the water molecule. No amount of pumping, heating, filtration and treatment is going to change the water from becoming a growth medium for bacteria. Hence, managing the bioburden issue will always be a problem with aqueous cleaning.

In short, the “killer app” for vapor degreasing is the pyrogenic issue. Even trace amounts of moisture can allow the growth of bacteria and create related bioburden issues, compromising the ability to properly sterilize the device. The liability risks alone justify the expense of investigating in vapor degreasing.

## Vapor Degreasing – the Ins and Outs

Since many younger engineers have never seen a vapor degreaser, it might be useful to spend a moment explaining the technology. Vapor degreasers come in many sizes and shapes. The smallest one I have ever seen was a benchtop unit that could be carried by one man. The biggest one I ever saw took two trucks to move it and a third truck of solvent to

**Figure 1:**

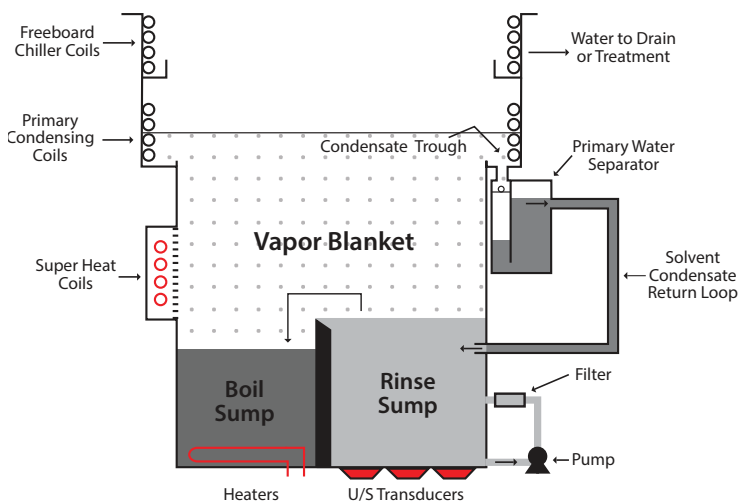


fill it. But amazingly, they all work the same way and deliver very similar results because the chemistry is doing the cleaning, not the machine. This means vapor degreasers are highly scalable.

Vapor degreasing systems usually consist of a top-loading machine composed of two chambers, both filled with the non-flammable solvent. It is closed-loop system, has few moving parts, and ensures that the solvent is reliably clean for ongoing cleaning needs. Figure 2 highlights the basic design of a traditional vapor degreaser.

The cleaning fluid is heated to a boil in the first chamber or sump which then generates a vapor cloud that rises to meet two sets of cooling coils. This refrigeration causes the vapors to condense back to their liquid state. This liquid is then channelled back to the second chamber, the rinse chamber. When the rinse chamber is full the fluid flows back into the boil sump and the recycling loop is completed.

**Figure 2:**



Operationally, a vapor degreaser is very simple. First, a basket containing dirty parts is lowered through the vapors into the boil sump where the primary cleaning occurs. The basket then is lifted into the rinse sump. Since the rinse sump always contains clean, distilled solvent that has been condensed from the vapors it provides a final cleaning to the components. The parts then are slowly removed from the machine and on to the next process. Normal cleaning cycles are 8-15 minutes per batch, far faster than aqueous cleaning systems. The parts come out clean, dry, and immediately ready for packaging or further processing.

There are a number of options engineers might specify to enhance cleaning. The use of ultrasonics can further ensure residue-free, clean parts. "Super heat" will reduce solvent losses. Programmable computer controls allow for excellent process control and repeatability. An automatic hoist frees up workers and reduces solvent losses. Any vapor degreasing expert can help companies engineer a system that is optimal for their requirements.

## The New "Greener" Cleaner

It would be perfectly understandable to assume aqueous cleaning would be the environmentally preferred method of cleaning. What can be greener than water? However, compared to solvent cleaning this is a mistake.

Aqueous cleaning systems generate a waste water stream that requires treatment before discharge. Many aqueous detergents contain non-biodegradable ingredients, which can make discharge to sewer systems or surface waters problematic. For example, some cleaners are biodegradable when new, but become contaminated during use. It is rare to find an aqueous surfactant or saponifier that is ever re-used; the systems recycle the water but not the detergents.

Water used in aqueous systems does not come straight from the tap. Water always needs to be pre-cleaned to be viable as a cleaning agent. This is necessary to ensure there are no trace materials, minerals or pre-existing bioburden that would compromise the effectiveness of the process. In contrast, solvents come ready-to-use and require no mixing.

The biggest source of global warming carbon emissions are the burning fossil fuels to make electricity. Aqueous systems need high temperatures for effective cleaning — nobody washes their dishes in cold water. Drying after aqueous cleaning uses large quantities of energy with heaters and air knives, and the waste water treatment system also is energy-intensive. Surprisingly, having a large machine emitting large quantities of warm water in to the atmosphere of a plant also burdens a facilities air conditioning system. Lastly, the process controls required to eliminate bioburden issues add significantly to the complexity and costs of the cleaning process. The energy required to operate a vapor degreasing system is far lower than that required for an aqueous system, which protects the planet and saves money.

Today's solvents are much improved over the products used 20 years ago. New products must meet strict environmental standards and regulations. Those containing environmentally unfriendly chemicals including HCFC-225, nPB and TCE have been or are being phased-out and cleaning methods are mi-

grating to newer, better and safer alternatives. These innovative new solvents available on the market today are not only gentle on the planet but also deliver consistent and reliable cleaning with the lowest overall costs.

## The Choice is Clean

Manufacturers looking for an effective, low-cost cleaning option should consider migrating to a vapor degreasing process. As medical devices are evolving into more compact and complex components, cleaning becomes more and more difficult. Perfecting and validating a cleaning method that works effectively on these intricate parts is vital to ensure patient safety.

Vapor degreasers offer a simple, proven, reliable answer. New advances in solvent technology mean that the vapor degreasing processes are an environmentally sound option. They are more effective than aqueous systems, they are smaller but have equivalent throughput, they are simpler to use and cheaper to run. It's a win-win, many times over.

## For More Information:

To learn more about safer cleaning choices, visit [MicroCareMedical.com](http://MicroCareMedical.com)



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